

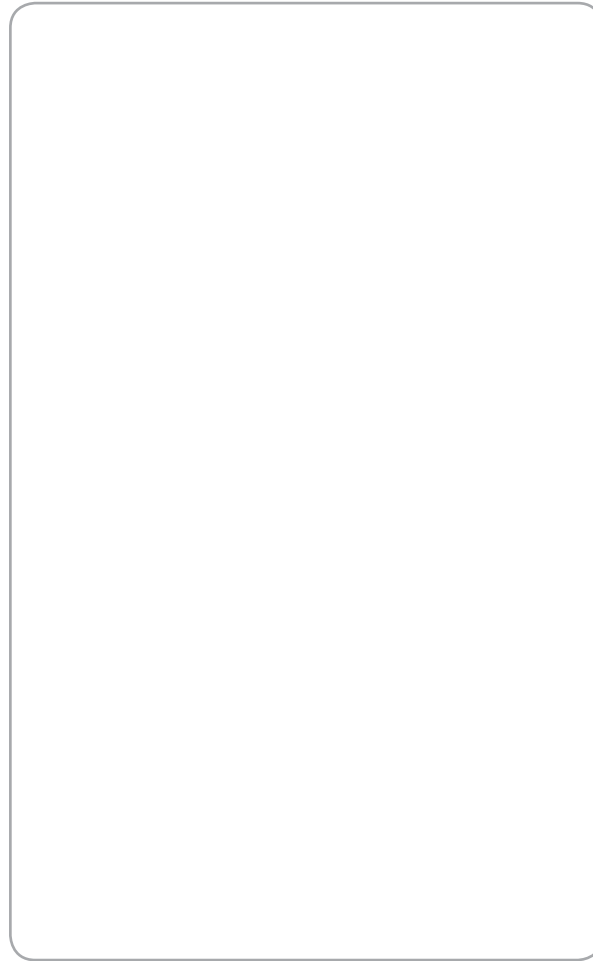
18 MILLION
AMERICANS SUFFER
FROM PAD²



ARE
YOU
SUF-
FERING
FROM
PAD?

THERE ARE MORE THAN
160,000 AMPUTATIONS
PERFORMED
EACH YEAR³.

2. Schiavetta A, et al. Stem Cells Translational Medicine. 2012; 1:572-578. And Sage Report 2010.
3. Allie et al. 24-Carat Gold, 14-Carat Gold, or Platinum Standards in the Treatment of Critical Limb Ischemia: Bypass Surgery or Endovascular Intervention? J. Endovasc Ther. 2009; 16 (Suppl 1): 134-146.



TAKE A
STANDTM
AGAINST
AMPUTATION

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FOOT SORES? LEG PAIN?
TINGLING, HEAVY OR COLD
LEGS AND FEET?
IT COULD BE PAD.
(PERIPHERAL ARTERIAL DISEASE)



KNOW THE
WARNING
SIGNS.
SEEK
TREATMENT
EARLY.
LEFT UN-
TREATED,
PAD
CAN
LEAD TO
AMPU-
TATION.

TAKE A
STANDTM
AGAINST
AMPUTATION

WHAT IS PAD?



PLAQUE BUILDS UP ON THE INSIDE walls of the arteries that carry blood from the heart to the legs and feet.

THE ARTERIES HARDEN AND NARROW (a process called atherosclerosis) and blood flow to the legs and feet is significantly reduced.

THIS MAY ALSO INVOLVE HARDENED and narrowed arteries to the heart and brain, causing an increased risk of heart attack or stroke.

TAKE A STAND: CATCHING PAD EARLY IS VERY IMPORTANT.

PAD PATIENTS HAVE A
6-7 TIMES
GREATER RISK
OF CORONARY
ARTERY DISEASE,
HEART ATTACK,
AND STROKE.¹



1. According to the American Heart Association, people with PAD have a 6-7 times greater risk of coronary artery disease, heart attack, stroke or transient ischemic attack ("mini stroke") than the rest of the population.

DO YOU HAVE PAD? ARE YOU AT RISK FOR PAD?

Answers to these questions will help your physician determine the need to be screened for PAD to better assess your vascular health.

Some risk factors that increase the chance you may develop PAD.

- Are you 50 years old or older? Yes No
- Do you smoke or did you smoke? Yes No
- Have you been diagnosed with any of the following:
- Diabetes? Yes No
- Chronic kidney disease? Yes No
- High blood pressure? Yes No
- High cholesterol? Yes No

Symptoms that may be signs you have PAD. Do you ...

- Experience tiredness, heaviness, or cramping in the leg muscles? Yes No
- Have toes or feet that look pale, discolored or blue? Yes No
- Experience leg or foot pain that disturbs your sleep? Yes No
- Have sores or wounds on your toes, feet, or legs that heal slowly or not at all? Yes No
- Have a leg or foot that feels colder than the other? Yes No
- Have thick, yellow toenails that aren't growing? Yes No

The more questions you answered YES, the greater your risk of PAD.

**THE AMPUTATION RATE
AMONG PATIENTS WITH
CRITICAL LIMB ISCHEMIA (CLI),
THE WORST FORM OF PAD
IS ESTIMATED
TO BE ~25%⁴**

**SO DON'T WAIT. DISCUSS YOUR
SYMPTOMS WITH YOUR DOCTOR NOW.**

4. Henry AJ, et al. Socioeconomic and hospital-related predictors of amputation for critical limb ischemia. J Vasc Surg. 2011;53:330-9.e1.

TAKE A STAND: SEE YOUR DOCTOR.

If you do find out you have PAD, there are many things you and your doctor can do.

YOU CAN START WITH LIFESTYLE CHANGES⁵:



QUIT SMOKING



MANAGE YOUR DIABETES



EAT A HEALTHY DIET



GET REGULAR EXERCISE

YOU MAY ALSO NEED MEDICATION:



- LOWER high cholesterol and/or high blood pressure
- THIN your blood to prevent clots from forming
- IMPROVE your walking ability and decrease pain in your legs

YOUR DOCTOR MIGHT RECOMMEND:



ANGIOPLASTY - a minimally invasive procedure where a balloon is inflated inside a blocked artery to restore blood flow

STENT - a tiny tube placed in the artery to keep it open

ATHERECTOMY - a minimally invasive procedure using a medical device to help open blocked arteries

BYPASS SURGERY - a surgical procedure that uses a blood vessel or synthetic tube to bypass blockages in the artery

5. Olin and Sealove, Peripheral Artery Disease: Current Insight Into the Disease and Its Diagnosis and Management. Mayo Clin Proc. 2010 Jul; 85(7): 678-692.